

# SCHIFFMAN ORAL SURGERY

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## **PRE-OPERATIVE ORAL SURGERY INSTRUCTIONS for patients having IV sedation**

1. Do not eat or drink ANYTHING for six hours prior to your appointment (except for medications prescribed by your doctors\*\*\*, with as little water as possible).
  - **For morning appointments:**  
Do not eat or drink anything after midnight prior to your appointment.
  - **For afternoon appointments:**  
You may have coffee, tea, or milk, and toast before 8 A.M.
  - **For evening appointments:**  
You may eat a light lunch before 12 noon, but nothing after that time.
2. You must be accompanied by a responsible adult who will be available to drive you directly home, as you are not permitted to drive on the day you receive IV sedation, and should not return to work.
3. Bring all prescription medications with you.
4. Patients with colds or coughs should postpone appointments until after symptoms have subsided.
5. Minors must be accompanied by their parent or legal guardian.
6. Pregnant women and cardiac patients will not be given general anesthesia.

\*\*\**Diabetic, Rheumatic Fever, and Cardiac patients should request further information*